

**CERTIFICATES REQUIRED BY SOCIAL AND HEALTH CARE STUDENTS (from example health nurse, nurse)**

When starting studies must have valid vaccinations according to Section 48 of the Infectious Diseases Act.

Fill out the COMMUNICABLE DISEASE QUESTIONNAIRE Self-assessment form (PDF) FOR STUDENTS on the FSHS website. It can be found on the page: Prevention of infectious diseases.

If you notice any deficiencies in the vaccination series, contact FSHS via Self-chat or Contact the assessment of the need for treatment tel: 046 710 1073.

Vaccinations are supplemented free of charge.

Be early, right at the beginning of your studies, at least a month before your practical training.

**All this is because of patient's safety and infection law in Finland.**

1. **Tetanus-diphtheria-vaccination** (lock-jaw and diphtheria). The vaccine is given as a booster vaccine as part of the national vaccination programme to adolescents aged 14-15 years and at the age of 25 years. Those born in 1993 and after are entitled to receive the dtap vaccine at the age of 25. If you have not received the vaccine, you can still get it later.
2. **Polio-vaccination**. Three to four (3—4) received vaccinations are sufficient. Boosters needed only when travelling to high-risk areas.
3. **MPR-vaccination** (measles, mumps and rubella). All health care students must have **two** valid MPR vaccinations.
4. **In addition**, you should provide information of previous **hepatitis B vaccinations**. Nurse student will get Hepatitis B vaccination in FSHS if she/he has not been got it before studies.
5. For all social services and health care students are given **a seasonal influenza vaccination**. You can get this vaccination either from FSHS or wellbeing services county. Recommended before influenza season, usually November-December.
6. If you have not had Chickenpox, you should be vaccinated against it.
7. MRSA certifications are not made in FSHS. Contact wellbeing services county, if needed.  
MRSA (methicillin-resistant Staphylococcus aureus) refers to a strain of staphylococcus bacteria that has developed resistance to some of the main antibiotics used in treatment.



MRSA causes infections similar to those caused by staphylococcus aureus, which is sensitive to antibiotics, but is more difficult to treat because the range of effective antibiotics is smaller. (<https://www.terveyskirjasto.fi>. Translated by [www.deepl.com](http://www.deepl.com))

8. If you need Coronavirus related vaccinations, tests and certificates, you can get them from the wellbeing services county.
9. According to the Finnish Communicable Diseases Act, employers are obliged to require a statement from their employees and trainees confirming that they do not have respiratory tuberculosis. The statement must be provided before the employee or trainee begins work or practical training in healthcare and social welfare or early childhood education and care.

Students in the fields of healthcare and social welfare or early childhood education and care must complete a FSHS transmittable diseases questionnaire. Students who are in a risk group based on their answers will then be referred for an FSHS health check and a chest x-ray. The questionnaire must be completed and, for those in a risk group, the check-up performed before any practical training begins. After the check-up, students will be provided with a statement, which they will present to their supervisor at their place of traineeship or employment. The statement is valid for 2 years. After that, a new check-up will be performed when the student or employee switches to a new workplace. You find form: [www.fshs.fi](http://www.fshs.fi) : Services » Prevention of infectious diseases » Instructions for social and health care students concerning infectious diseases and vaccinations » Tuberculosis instruction for students in specified fields

**If you need vaccinations before starting your studies**, you can get them from the wellbeing services county.